

SESSION 8

When We Fear That We Don't Have Enough

Read Exodus 16:5-7.

What does this verse say is the reason God says Israelites would see the glory of the Lord?

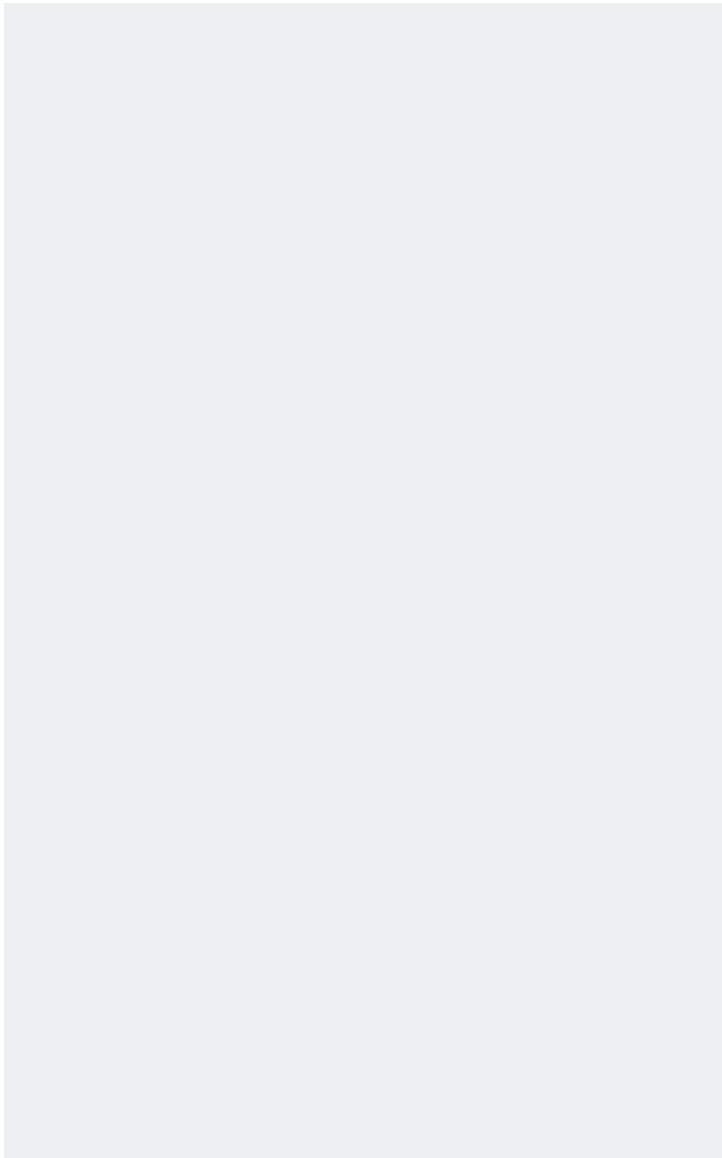
Let's revisit some emotive, honest prayers with the Lord. What have you been carrying and long to 'grumble' to God about? Do you ever feel like you need to change your own heart instead of letting God feed you? Take some space to write out your prayers about this to God here.

Read Matthew 13:24-30.

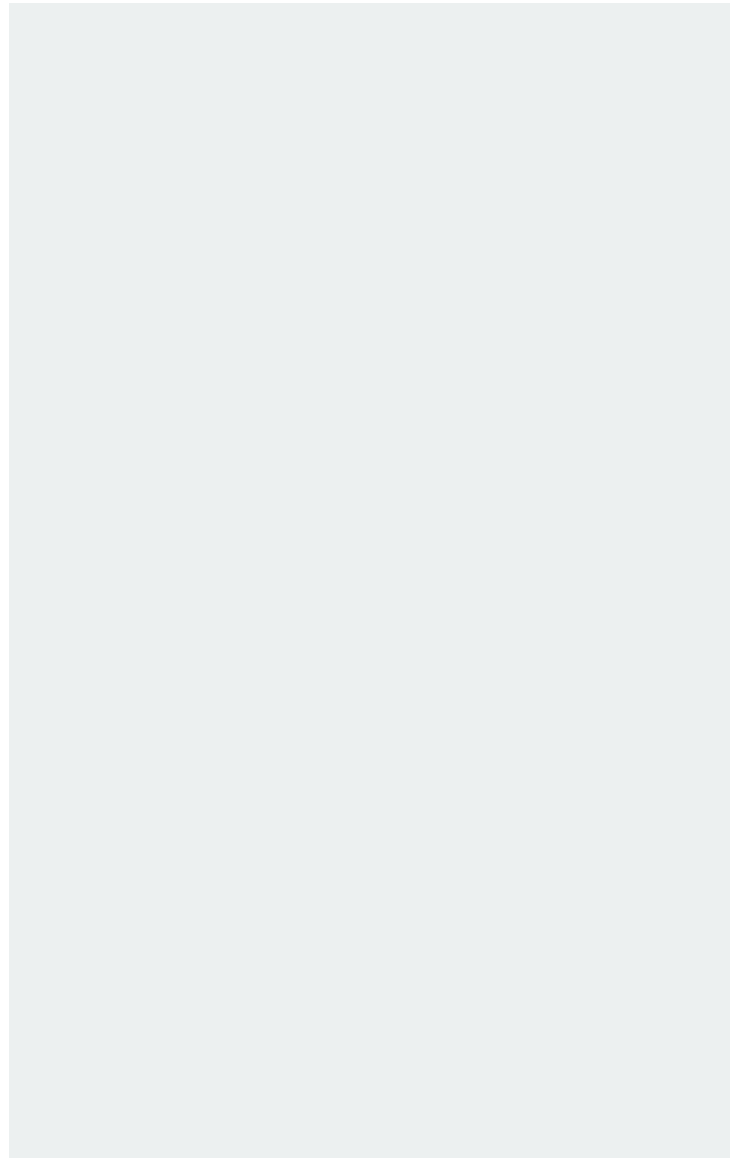
"No one ever told me that grief felt so like fear."
C.S. Lewis

We live in a both/and world. Sweetness alongside bitterness, beauty alongside pain, laughter alongside heartache. What are some areas of "both/and" in your life? Where are you experiencing joy and pain, sorrow and sweetness? Take some time to write them out to the Lord.

WHEAT



WEEDS



Fear and unrest can show up in our lives as a type of hunger. How does unrest show up in your life? IS there a place where you fear God withholding goodness from you? in what ways do you seek to "fill" your life apart from Christ?

Let's look at Exodus 16:5-7 again.

God says the Israelites will see his glory.

Take a look at these verses for other examples of glory of the Lord:

Exodus 24:16, Exodus 29:43, Numbers 14:22, John 17:5, Romans 9:4, 2 Peter 3:18.

The glory of God always refers to His presence; manifestation of His character or His person. Let's go a little deeper.

Read John 6:48-51 below.

But I am the Living bread that came down from heaven, if anyone eats of this bread, he will live forever. And the bread that I give for the world is my flesh.

Questions for reflection

1. When did bread come down from heaven?
2. What does Jesus mean when he says the bread that he gives for the world is his flesh?
3. How does the glory of manna connect to the glory of Jesus on the cross?

Look back at the diagram of the ark of the covenant as you read **Exodus 16:33-36**.

Where was the manna to be placed?

We use the word Testimony today to talk about our own stories, and often our own story of how we came to know Jesus. In Hebrew it means "the absolute solemn and divine charge."

Read Deuteronomy 8:1-5.

What is the testimony of the Lord that he commands his people to share for all generations?

Take another look at that area where the Testimony of the Lord was in your diagram of the ark. It is called the Mercy Seat.

We are going to finish our study spending some time reflecting on when God's glory and presence became the cornerstone of mercy and testimony of our own lives. He is our son. He is our rest. He is our beauty, He fills all our longings and hunger with himself. My prayer is that this summer you've had more time to see more of Jesus, that you were able to spend time with Jesus in ways that have refreshed you, because that is what he has promised to do.

He is our Selah.

